

SPRING 2022

A partnership between Rutgers Cooperative Extension and Department of Health and Human Services, Division of Children and Youth Services

HUDSON COUNTY 4-H NEWSLETTER

4-H is a community of young people across America who are learning leadership, citizenship, and life skills.

RECAP OF WINTER 2022: NATIONAL 4-H AGRISCIENCE SUMMIT



Photo from Summit: our 28 youth delegates with their chaperones in the National Mall

This winter, 28 NJ 4-H youth delegates traveled to the Washington DC metro area for the National 4-H Youth Agri-Science Summit to develop skills and knowledge to address issues in agriculture, food security, and sustainability. The Summit was an engaging learning and networking opportunity for the youth delegates from various regions of the state, including four youth from Hudson County. This experience highlighted the many ways that agriculture and food systems is relevant in their lives and how it impacts their communities. In addition to hearing keynote speakers, attending workshops, and meeting youth from across the country, the youth delegates created a community action plan focused on pollinator habitats to engage their peers and communities.

SPRING PROGRAMS FOR MIDDLE SCHOOLERS

[4-H/FBCJC Youth Birding Club](#)

This spring season, we are thrilled to launch the Youth Birding Club, a partnership between 4-H and the Feminist Bird Club, Jersey City Chapter (FBCJC). Experienced birders from FBCJC will engage youth to learn about birds and their habitats, bird identification, and data collection for citizen science projects. Youth will enjoy the outdoors at various parks in Hudson County. Open to youth ages 10-14 residing in Hudson County. Binoculars, notebooks, a birding guide, and snacks will be provided! Funding for this program is possible through Partners In Prevention and the Feminist Bird Club National.

REGISTER [HERE](#)

4-H and FBC.JC present:

YOUTH BIRDING CLUB

➔ Youth ages 10-14 welcome!

➔ Link in bio to sign up!

Binoculars, notebooks and snacks provided!

➔ Get to know Hudson County's birds!

12-2pm on Saturdays:

- 9th APRIL Lincoln Park West
- 21st MAY Harsimus Cemetery
- 11th JUNE Rutkowski Park

Fall dates tbd





[4-H STEM AMBASSADORS](#)

We are now accepting applications for our 14th cohort of Rutgers 4-H STEM Ambassadors. We are looking for current 7-9th graders (will be 8-10th graders in fall of 2022) with an interest in STEM. Youth from the urban communities of Atlantic, Essex, Hudson, Mercer, Middlesex, Passaic, and Union counties. The Rutgers 4-H STEM Ambassador Program is a great opportunity for teens to learn about STEM, develop as a leader in their community, and prepare for college! To learn more about the program and apply, visit our recruitment page. Online applications must be submitted no later than April 20. Please reach out to Hudson County 4-H with any questions. We are looking forward to a great summer orientation and kickoff for our new recruits!

APPLY [HERE](#)

Campership - SCHOLARSHIPS AVAILABLE

This year the Hudson County 4-H Advisory Board is offering four scholarships for middle school youth in Hudson County to attend the week-long residential 4-H camp, at the [Lindley G. Cook camp in Stokes State Forest](#) NJ. 4-H has been running Summer Camps since 1951, and we aim to offer the same simple, social, transformative environment we always have. Campers enjoy spending a week at our beautiful facility living in the woods, trying new things and they depart with new friends, increased self-confidence, and memories that will last a lifetime. We invite families who are experience financial hardship to apply for the campership. Campership applications will be accepted thru April 30th and applicants will be contacted by May 15th.



APPLY [HERE](#)

UPDATE ON TEEN PROGRAMS

4-H/HCIA JUNIOR MASTER COMPOSTER

In March, we launched our first cohort of the 4-H and Hudson County Improvement Authority (HCIA) Junior Master Composter Program. Throughout the course of the program, youth will learn about reducing food waste, making compost, and spearheading change in their own communities. Youth will attend seminars and field trips, volunteer at a community compost site, and complete a final project. Funding for this program is provided by HCIA. Stay tuned for updates!



Visit our website: <https://hudson.njaes.rutgers.edu/4h/>

 Find us on Instagram: @hudsoncounty4h

For questions or more information on 4-H programs, please contact:

Claudia Urdanivia at hudson4h@njaes.rutgers.edu or 201-395-4789, ext. 4229



**HUDSON COUNTY 4-H
TEEN COUNCIL IS LIVE !**

4-H TEEN COUNCIL

As we transition back to in-person programming, our youth from 4-H Teen Council are planning a Community Engagement Day at Rutgers Newark and an end-of-year leisure event to meet in person and have fun. For their service projects, youth committees are planning fundraisers and supply drives. We look forward to ending the year strong and welcoming our next cohort of teens in the next school year.

FAMILY PROGRAMMING SPRING 2022

FAMILY LEARNING GARDEN AT LINCOLN PARK

Hudson County 4-H is thrilled to present the Lincoln Park Family Learning Garden, a partnership between Hudson County 4-H and the Hudson County Department of Health and Human Services, Division of Children and Youth Services, with support from Hudson County Department of Parks. The Learning Garden will serve as an outdoor classroom, creating educational opportunities for youth and families to learn gardening skills that they may implement at home and in their communities. In addition to garden programming, our Learning Garden will partner with local community-based groups to provide education on environmental stewardship and nutrition education. The first phase of the garden build-out will take place on April 30th at Lincoln Park in Jersey City. Stay tuned for our next update on the West Hudson Park Family Learning Garden.

For volunteer opportunities, please contact Claudia or visit our website [HERE](#).

We are hiring for an Urban Gardener/ Education Coordinator. For more information, see job post [HERE](#).

[EI HUERTO URBANO WEBINAR SERIES IN SPANISH](#)

Passaic County Rutgers Cooperative Extension and Hudson County 4-H are teaming up to bring you the second round of an urban gardening webinar series in Spanish, titled "El Huerto Urbano." This free monthly webinar series for Spanish-language beginner gardeners will cover a different gardening topic each month. While this series is geared for adults, we will also be cover gardening activities for the whole family!

REGISTER [HERE](#)

EL HUERTO URBANO SERIE VIRTUAL

PLANIFICANDO EL HUERTO CASERO EN ESPACIOS URBANOS

Aprenda técnicas y consejos sobre un tema de jardinería diferente cada mes. El Huerto Urbano Serie Virtual está dirigida a personas interesadas en aprender a cultivar hortalizas en espacios urbanos.

30 DE MARZO DE 2022
A LAS 6 P.M.

PARA MÁS INFORMACIÓN Y PARA REGISTRARTE VISITA:
<https://go.rutgers.edu/j51nrb3l>



COMING SUMMER 2022

YOUTH URBAN FARM CLUB

One of our flagship programs, Youth Urban Farm Club, is returning this summer! This program connects youth with community garden and small urban farm sites led by adult volunteers from the community. Youth learn skills in horticulture, urban agriculture, and animal husbandry. Youth gain hands-on experience while also learning about food systems, the local environment, art, and more. Registrations open in mid-May. For more details, visit our [IG](#) and website [HERE](#)



Visit our website: <https://hudson.njaes.rutgers.edu/4h/>



Find us on Instagram: @hudsoncounty4h

For questions or more information on 4-H programs, please contact:

Claudia Urdanivia at hudson4h@njaes.rutgers.edu or 201-395-4789, ext. 4229