





A partnership between Rutgers Cooperative Extension and Department of Health and Human Services, Division of Children and Youth Services

HUDSON COUNTY 4-H NEWSLETTER

4-H is a community of young people across America who are learning leadership, citizenship, and life skills.

RECAP OF FALL 2021: 4-H TEEN COUNCIL AND 4-H YOUTH FUTURES



KICK-OFF RETREAT

On November 20th in 2021, the 4-H Youth Futures mentorship program kicked off the season with a one-day winter retreat at the YMCA of the Pines in South Jersey. Teens from across various counties participated in this event, including our youth leaders from 4-H Teen Council from Hudson and Essex Counties, and teens from the NJCU Pre-College Program.

Youth had the opportunity to do fun teambuilding activities, canoeing, rock climbing, making candles, enjoying the great outdoors and even eating s'mores by the fire. We hope to provide more fun and engaging outdoors opportunities for our teens in 2022!

Want to join 4-H Teen Council? OPEN TO YOUTH GRADES 8TH - 12TH REGISTER HERE

Photos from retreat: photo on top left shows two teens canoing; top right photo shows teen climbing on a rock wall; bottom left shows 4 teams posing with their climbing gear; bottom right shows several teens and 4-h staff doing a team-building activity

SPOTLIGHT ON Young Researchers: A Youth Club on Publication

In partnership with global pushing powerhouse, John Wiley and Sons, teens in grades 9th - 12th are invited to learn about the process of publishing, careers in publishing and will work on a team to publish their own product! Youth researchers will walk through the author's journey to create content that will be published online by Wiley. Youth will learn about academic research publishing and tips to spot out non credible and credible research. Youth researchers will craft their own content with support and guidance from professionals that work across the publishing landscape. *Club begins on January 20th through March 3rd.*

We **R**4-H **% 4-H FROM HOME** YOUNG RESEARCHERS A YOUTH CLUB ON WRITING AND PUBLISHING THURSDAYS | 4:00 PM | JAN 20 - MARCH 3 Have you ever wanted to publish your own writing? OPEN TO TEENS INTERESTED IN SCIENTIFIC Research, Publishing, & Writing Join us to learn more from academic publisher, Wiley, about the publishing process and careers in the industry. You'll even work on a team to publish REGISTER HERE our own product NJ4H.RUTGERS.EDU/4H-FROM-HOME Wile

REGISTER HERE

Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and Board of County Commissioners. Rutgers Cooperative Extension of Hudson County, Hudson County Department of Health and Human Services, a unit of the Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.



National Agri-Science Youth Summit

High school youth (grades 9-12) interested in becoming champions for foods-systems in their communities (today and in the future) are invited to attend the National Youth Agri-Science Summit from March 10th - 13th in Maryland. The New Jersey delegation will consist of 20 youth and 4 chaperones (Rutgers 4-H staff and volunteers). During this program, youth will gain knowledge and skills in agri-science related to the production of food, feed, fuel, and fiber, learn about challenges facing agriculture, interact with scientists and researchers, and work on an action plan for their communities. Thanks to our grant resources, this program is mostly fully funded for youth.

APPLY HERE

NJ 4-H Global Food Security Coalition

New Jersey 4-H is recruiting a team to participate in the World Food Prize Research Project. Youth members will work with a team to develop individual research projects addressing global food security issues. Participants will meet once a week with mentors and peers to prepare their research project. Projects will be presented at the Rutgers University Youth Institute Summit on March 11. During this day-long program, students get to learn about critical global issues, network with local leaders, engage in hands-on-activities, and explore exciting ways to become effective change agents in their own communities, conscientious global citizens, and tomorrow's scientific humanitarian leaders. Sessions will run on Thursdays, 7-8 p.m. 1/6/22 through 2/1/22.

RUTGERS NEW JERSEY 4-H WORLD FOOD SECURITY COALITION

- WORK WITH A MENTOR TO DEVELOP AN INDIVIDUAL RESEARCH
- LEARN ABOUT GLOBAL FOOD SECURITY ISSUES
 PRESENT YOUR PROJECT AT THE NJ WORLD FOOD PRIZE YOUTH INSTITUTE AT RUTGERS ON FRIDAY, MARCH 11TH, 2022

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- PARTICIPATE IN SIX 1- HOUR VIRTUAL MEETINGS TO BUILD SKILLS AND REFINE PROJECT WORK • Thursdays in January @ 7pm
- YOUTH IN GRADES 9-12 ARE WELCOME TO JOIN!

REGISTER HERE

COMING SPRING 2022

JUNIOR MASTER COMPOSTERS

Hudson County 4-H and Hudson County Improvement Authority (HCIA) present Junior Master Composters! This is an opportunity for teens to learn about reducing food waste, making compost, and spearheading change in their own communities. Managing compost helps our community and our planet by preventing food and other materials from ending up in the landfill. Youth attend seminars and field trips, volunteer at compost site, and complete a final project. Teens will meet new friends and engage in hands-on activities.

- Learn about compost and make an impact in your community
- Earn a program t-shirt, 4-H pin, a compost tool kit, and a \$100 gift card
- Gain leadership skills and receive service hours
- Attend an award ceremony

APPLICATION OPENS IN JANUARY. INFO SESSION IN FEBRUARY. PROGRAM BEGINS IN MARCH!

Visit our website: https://hudson.njaes.rutgers.edu/4h/ Find us on Instagram: @hudsoncounty4h For questions or more information on 4-H programs, please contact: Claudia Urdanivia at hudson4h@njaes.rutgers.edu or 201-395-4789, ext. 4229

